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InfiniSynechis Vol. I Issue 2

February 2019

Welcome to the second issue of **InfiniSynechis**, a publication of Fearless Hearts Foundation.

Foundation News

At the time of this publication there are no pressing matters to update but please check the updates section of the Fearless Hearts Foundation website from time to time. If you missed the first issue, it can be found [here](#):

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Conscious Living

Our lives are intimately, intricately, and exquisitely connected to each others', whether we perceive it or not. Infinisynechis means infinite correlation.

Lessons of the Ages

“A quiet mind is all you need. All else will happen rightly, once your mind is quiet. As the sun on rising makes the world active, so does self-awareness affect changes in the mind. In the light of calm and steady self-awareness, inner energies wake up and work miracles without any effort on your part” ~ Nisargadatta Maharaj

*The Man of Tao
"The man in whom Tao
Acts without impediment
Harms no other being
By his actions
Yet he does not know himself
To be "kind," to be "gentle
The man in whom Tao
Acts without impediment
Does not bother with his own interests
And does not despise
Others who do.
He does not struggle to make money
And does not make a virtue of poverty.
He goes his way
Without relying on others
And does not pride himself
On walking alone.
While he does not follow the crowd
He won't complain of those who do.
Rank and reward
Make no appeal to him;
Disgrace and shame
Do not deter him.
He is not always looking
For right and wrong
Always deciding "Yes" or "No."*

The ancients said, therefore:

*"The man of Tao
Remains unknown
Perfect virtue
Produces nothing
'No-Self'
Is 'True-Self.'
And the greatest man
Is Nobody."*

The Way of Chuang Tzu by Thomas Merton

Nisargadatta Maharaj was an Indian Guru who lived and taught in Bombay India. He was the author of many books on spirituality.

Thomas Merton was an american Catholic priest who studied many other religions and incorporated his knowledge into a large body of work. He was a writer, a poet, and a teacher of mystical theology.

Philanthropy

The true meaning of philanthropy is love for humanity. In this context, any kindness extended towards another, without expectation of return of any kind, any charitable action, is, philanthropy. It is love expressed.

Suggested reading: Notable Philanthropists : *Hansjörg Wyss*
Wyss Foundation Launches \$1 Billion Campaign to Help Conserve 30% of the Planet by 2030

The 20 most generous people in the world

Business Insights*

Work is its' own reward, as the poet Kahlil Gibran wrote:

"When you work you are a flute through whose heart the whispering of the hours turns to music. Which of you would be a reed, dumb and silent, when all else sings together in unison?" ~Kahlil Gibran

Work is creativity longing to be expressed.

On business and life ethics, the poem that has inspired many was written by Max Ehrmann and published in 1927.

Desiderata

by Max Ehrmann, Published 1927

Go placidly amid the noise and haste,
and remember what peace there may be in silence.
As far as possible without surrender
be on good terms with all persons.
Speak your truth quietly and clearly;
and listen to others,
even the dull and the ignorant;
they too have their story.

Avoid loud and aggressive persons,
they are vexations to the spirit.
If you compare yourself with others,
you may become vain and bitter;
for always there will be greater and lesser persons than yourself.
Enjoy your achievements as well as your plans.

Keep interested in your own career, however humble;
it is a real possession in the changing fortunes of time.
Exercise caution in your business affairs;
for the world is full of trickery.
But let this not blind you to what virtue there is;
many persons strive for high ideals;
and everywhere life is full of heroism.

Be yourself.
Especially, do not feign affection.
Neither be cynical about love;
for in the face of all aridity and disenchantment
it is as perennial as the grass.

Take kindly the counsel of the years,
gracefully surrendering the things of youth.
Nurture strength of spirit to shield you in sudden misfortune.
But do not distress yourself with dark imaginings.
Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline,
be gentle with yourself.

You are a child of the universe,
no less than the trees and the stars;
you have a right to be here.
And whether or not it is clear to you,
no doubt the universe is unfolding as it should.

Therefore be at peace with God,
whatever you conceive Him to be,
and whatever your labors and aspirations,
in the noisy confusion of life keep peace with your soul.

With all its sham, drudgery, and broken dreams,
it is still a beautiful world.
Be cheerful.
Strive to be happy.

Max Ehrmann, Published 1927

Article: Detachment a Key to Faster Manifesting
Continue reading [here](#)

Kahlil Gibran was a Lebanese american poet, writer, and visual artist.
Max Ehrmann was an american attorney, writer, and poet.

Suggested supplemental reading :

Flow and other works by Mihály Csíkszentmihályi

*Mihály Csíkszentmihályi is Distinguished Professor of Psychology and
Management Founder, Co-Director, Quality of Life Research Center at
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